Navy Medicine Steps Up to Help Prevent Ecstasy Abuse

Ecstasy abuse is on the rise across the country, and the military is not immune to the problem. The Navy maintains a zero-tolerance position on drug abuse.

Now, with the help of Navy medicine, hiding ecstasy use is going to be much tougher. Navy drug screening labs are increasing their ability to detect ecstasy threefold, thanks to a new reagent used during testing, which started in early January.

The reagent expands the window of opportunity to detect ecstasy, as the Navy continues to evolve the drug-testing program with technology. This new reagent is the gold standard by which all others are compared.

In the past, detection of ecstasy came as part of a more general test for amphetamines. The new agent has a greater ability to detect smaller amounts and can specifically detect drugs like ecstasy.

The effects of ecstasy abuse can be seen in the short and long term. Symptoms range from decreased ability to regulate sleep and emotions, to increased chances for heart attack, stroke and possibly death.

To learn more about ecstasy, go to the PERS-6 Web site at navdweb.spawar.navy.mil

